

Caloosa Middle School

Nationally Recognized School of Excellence

610 S. Del Prado Boulevard

Cape Coral, Florida 33990

(239) 574-3232 Fax (239) 574-2660



Dear Parents and/or Guardians:

The Physical Education Staff of Caloosa Middle School would like to welcome and acquaint you with some of our policies and procedures.

- **ATTIRE- All STUDENTS** must be attired in a Caloosa Middle School physical education uniform (CALOOSA T-shirt, CALOOSA shorts), sneakers and socks. No street clothes, tank tops, polo shirts, cut-off shorts, tights, stockings or panty hose are permitted. Jewelry must not be worn during PE class. Cell phones or other personal music devices and/or electronic devices are not permitted in any PE class without prior permission from the teacher.
- **If a hardship prevents you from being able to purchase a PE uniform, please see your teacher or counselor.** We will work in discreet coordination with the student and parent/guardian in order to obtain whatever item is needed in order for the student to be prepared for success in the Physical Education class.
- **ATTENDANCE/EFFORT/PARTICIPATION-** A student's grade is a reflection of effort and participation throughout the term. Students who are absent fail to participate, therefore attendance is mandatory. Every student is expected to participate fully in daily activities. If on a given day, a student is unable to participate in strenuous activity and has a doctor's note and/or parent-guardian note, the student may be excused for the day.
- No clothing worn to school will be allowed to be worn under the P.E. uniform. Points will be deducted from the daily grade if this policy is not followed.
- **Students will not be allowed to participate if they are not wearing appropriate shoes and points will be deducted from their daily grade.** Athletic shoes are available to rent in case of emergency.
- When the weather gets cold, students may wear any color of warm-up clothing to P.E. There must be a change of clothing or points will be deducted.

Parents wishing an exception to this aspect of the dress code during P.E. and/or other prolonged outdoor activities may do so by submitting a note from the student's physician describing the nature of the condition/situation to the principal.

We emphasize the need for names on students' belongings, as we will not be responsible for missing items. **We ask that all P.E. uniforms be marked with permanent ink showing the student's last name on the outside of each item.** Our main problem with lost articles is when students do not lock their lockers or forget to put items away. We encourage students to not bring valuable items into the locker rooms. Students are responsible for all valuable items and the school will not be held liable if they are lost or stolen. Since physical education is an action-based course, the only way for your child to benefit is to participate. In order to participate, your child must have changed into the P.E. clothing described above.

The following is the policy for **NOT** dressing out:

- **1st Time:** warning and loss of points.
- **2nd Time:** 2nd warning and loss of points and parent will be notified
- **3rd Time:** loss of points, parent will be notified, disciplinary consequences follow

*Any additional infractions will result in school discipline consequences.

- Students are expected to arrive to class on time, in proper attire and put forth their best effort

- In order to receive full credit for participation, you must attend class every day, as programmed. As this is a participation class, cutting, lateness and absenteeism are not acceptable. Failure to comply will result in grading penalties based on the grading policy.
- Absences will be considered cuts. Students are required to bring a note explaining **each** absence upon their return to school
- Three or more unexcused absences, lateness's and unprepared marks (or any combination of these totaling three) per marking period will result in the lowering of the student's grade and lead to possible failure
- Grades are cumulative and will be formulated based on:

Participation	40%
Effort	20%
Preparedness, Cooperation, Attitude	20%
Attendance, Punctuality	20%

TOTAL: 100%

Our P.E. expectations are as follows:

- 1.) Dress out in P.E. uniform
- 2.) Participate
- 3.) Show good sportsmanship
- 4.) Follow directions the first time they are given.

LOCKER ROOM- In order to maintain order and security, students are **HIGHLY RECOMMENDED to RENT** a lock for \$5.00. This lock/locker is not to be shared. Locks are always to remain on locker. When changing, keep lock on hasp of locker (do not place on bench as it can be accidentally switched). Keep combination in a secure place. The locker room may only be used during your PE class.

We are looking forward to a year of fitness, wellness and growth with your child. Please call us if you have any questions at (239) 574-3232.

Thank you,
P.E. Team

Ms. Melissa Taylor
Mr. Stephen Cojocari

Parents/Guardians: Please sign below indicating you have read and understand the above policies and procedures.

Student's Name (please print) _____ Date _____

Student's Signature _____

Parent's Signature _____

****Does your child have any pre-existing medical condition that may prevent/limit them from regular participation? ** Yes _____ No _____**

If yes, please describe. Medical documentation must be submitted.